



# Mindful Music Moments Playlist

## 2024-2025

With special selections for Christian/Catholic Schools

WEEK	COMPOSER & SELECTION	THEME
2024		
July 29	Respighi, Pines of Rome: III. The Pines of Janiculum Los Pinos de Roma: III. Los pinos del Janículo	Beauty
August 5	Vaughan Williams, Lark Ascending El ascenso de la alondra	Beauty
August 12	Beach, Piano Quintet in F-sharp minor: II. Adagio espressivo <sup>+</sup> Quinteto con piano en fa sostenido menor: II. adagio expresivo	Calm
August 19	Bach/Gounod, Ave Maria Ave Maria Special Selection For Christian/Catholic Schools	Calm
August 26	Elgar, Cello Concerto: III. Adagio Concierto de violonchelo: III. Adagio	Calm
September 2	Blackshaw, Peace Dancer <sup>+</sup> <sup>♦</sup> Bailarina de la paz	Dance
September 9	Coleridge-Taylor, The Bamboula <sup>*</sup> The Bamboula	Dance
September 16	Dingman, ride, from journeys vol. 2 <sup>♦</sup> ride, de journeys volumen 2	Solo: Vibraphone

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Diverse Composers Key: <sup>+</sup> Woman or Non-Binary Composer, <sup>\*</sup> Black, Indigenous, or Person of Color, <sup>♦</sup> Living Composer



September 23	Lalo, Cello Concerto: II. Intermezzo, Andantino con moto Concierto para violonchelo: II. Intermezzo, Andantino con moto	Solo: Cello
September 30	Albéniz, Songs of Spain: III. Under the Palm Tree * Cantos de España: III. Bajo la palmera	Solo: Guitar
October 7	Nabors, Wonder: I. I wonder... ♦ * Imaginar: I. Yo imagino... NEW MUSIC PREMIERE, <a href="#">Learn more</a>	Space and Wonder
October 14	Nabors, Wonder: II. What Lies Beyond ♦ * Imaginar: II. Lo que está más allá NEW MUSIC PREMIERE, <a href="#">Learn more</a>	Space and Wonder
October 21	Nabors, Wonder: III. Leaps & Bounds ♦ * Imaginar: III. Saltos y brincos NEW MUSIC PREMIERE, <a href="#">Learn more</a>	Space and Wonder
October 28	Holst, The Planet: II. Venus, the Bringer of Peace Los planetas: II. Venus, la portadora de la paz	Space and Wonder
November 4	Holst, The Planet: IV. Jupiter, the Bringer of Jollity Los planetas: IV. Júpiter, el portador de la alegría <i>Special Selection For Christian/Catholic Schools</i>	Space and Wonder
November 11	Nishimura, Echoes of a Northern Lake † ♦ *	Water
November 18	Lyadov, The Enchanted Lake El lago encantado	Water
November 25	Clyne, Abstractions: III. Seascape † ♦ Abstracciones: III. Paisajes marino	Water
December 2	Boyer, Rhapsody in Red, White, and Blue ♦	Piano

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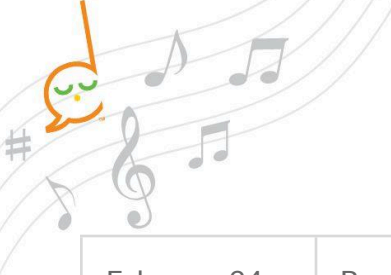
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December 9	Praetorius, Lo, How a Rose E'er Blooming <i>Special Selection For Christian/Catholic Schools</i>	Brass
December 16	Gruber, Silent Night <i>Special Selection For Christian/Catholic Schools</i>	Brass

2025

December 30	Vaughan Williams, Lark Ascending El ascenso de la alondra	Beauty
January 6	Respighi, Pines of Rome: III. The Pines of Janiculum Los Pinos de Roma: III. Los pinos del Janículo	Beauty
January 13	Shimomura, Dearly Beloved † * ♦	Video Game
January 20	Borodin, String Quartet No. 2: I. Allegro moderato	Calming Strings
January 27	Zimmer, The Lion King: This Land ♦	Movie Magic
February 3	Mason, Portrait of Scheherazade * ♦	Calming Strings
February 10	Coleman, Umoja † * ♦	Woodwinds
February 17	Loggins-Hull, Hide and Seek † * ♦	Woodwinds

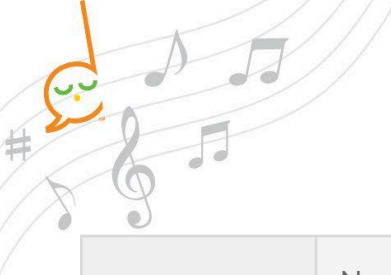


February 24	Boulanger, Nocturne for Flute and Piano <sup>+</sup> <u>Nocturno para flauta y piano</u>	Woodwinds
March 3	Piazzolla, Oblivion <sup>*</sup>	Emotions In Music
March 10	Causilla, Bloom <sup>+</sup> <sup>♦</sup>	Emotions In Music
March 17	DeAtley-Rosales, drizzling warmth <sup>+</sup> <sup>♦</sup> <i>STUDENT COMPOSITION</i>	Emotions In Music
March 24	Summermusik, Carnival of the Animals: Remix: I. USA-Eagle <sup>*</sup> <sup>♦</sup>	New Sounds & New Music
March 31	Jlin / Third Coast Percussion, Perspective: VI. Duality <sup>+</sup> <sup>*</sup> <sup>♦</sup>	New Sounds & New Music
April 7	Menken, Go The Distance, from Hercules <sup>♦</sup> <u>No importa la distancia, de Hércules</u>	Movie Magic
	BONUS CONTENT: <a href="#">Mindful Poetry Moments</a> Week 1	
April 14	Menken/Muraji, Part of Your World, from The Little Mermaid <sup>♦</sup> <u>Parte de tu mundo, de La sirenita</u>	Movie Magic
	BONUS CONTENT: <a href="#">Mindful Poetry Moments</a> Week 2	
April 21	Jolley/Matzke, You Don't Know What It Is <sup>+</sup> <sup>♦</sup>	New Sounds & New Music
	BONUS CONTENT: <a href="#">Mindful Poetry Moments</a> Week 3	

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April 28	Nambirajan, Her Child † * ♦ STUDENT COMPOSITION	New Sounds & New Music
	BONUS CONTENT: <a href="#">Mindful Poetry Moments</a> Week 4	
May 5	Handel, Messiah: Pastoral Symphony  Special Selection For Christian/Catholic Schools	Relaxing Strings
May 12	Villa-Lobos, Saudades das Selvas Brasileiras No. 2 *	Relaxing Piano
May 19	Manuel Ortega Caballo, Summer Waltz * ♦	Relaxing Piano
May 26	Larson, Seasons of Love, from Rent	Gentle Start To Summer
	Bach, Cello Suite No. 3: IV. Sarabande	
June 2	Márquez, Danzón No. 2 * ♦	Gentle Start To Summer
	Handel, Messiah: Hallelujah Chorus  Special Selection For Christian/Catholic Schools	

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Meet the Voices of  
**MINDFUL MUSIC MOMENTS**



**Stacy Sims**



**Adriana Prieto Quintero**

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