MINDFULPOETRY MOMENTS...

created by THE WELL

BOOK LAUNCH 2025

PROGRAM, 6:00-8:00PM EST:

Opening remarks from The Well & MPM 2025 Curator Manuel Iris

Love After Love

- Derek Walcott "Love After Love"
- Kari Horn "All of Me"Elena Estella Green "A Feast for One"
- Bryce Kessler "My heart aches to know itself again"
- LIFE Avery Aucutt
- Nicholas Caudill The Awesome Party

I Am From Here

- Manuel Iris "I Am From Here"

- Among the Multitudes
 Wisława Szymborska "Among the Multitudes"
 Gifted Johnson-Wilkinson "Frontier"

 - Ellen Austin-Li "Food for Poets"

 - Julie Klear Essakalli "Lost in Looking"
 Lanette Sweeney "THE RIVER RUNS THROUGH ME"
 Amy Kurlansky "Waking Whispers"
 Nicholas Caudill "The Mathematicians"

Wild Geese

- · Mary Oliver "Wild Geese"

- Ellen Austin-Li "Bearing Fruit"
 Oskar Oding "Alone"
 Fiona Alexander "Small Things"
 Amy Kurlansky "Speck in the Universe"
 Lucy Mao "Darkness and Light"

Closing remarks, MPM news ahead

Scan to stay updated on **Mindful Poetry** Moments here:



ONGOING SUPPORT FOR THE WELL:







Gray - In-person reading

Crimson - Video reading