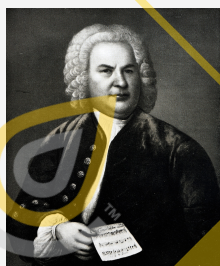


NAME _____

MINDFUL MUSIC MONDAY

created by THEWELL



Johann Sebastian Bach

Cello Suite No. 1: I. Prelude

FUN FACT

Johann Sebastian Bach had 20 children, and of those 20, 4 became composers like their father.

Doodle or Draw While You Listen



YOUR MUSICAL FEELINGS

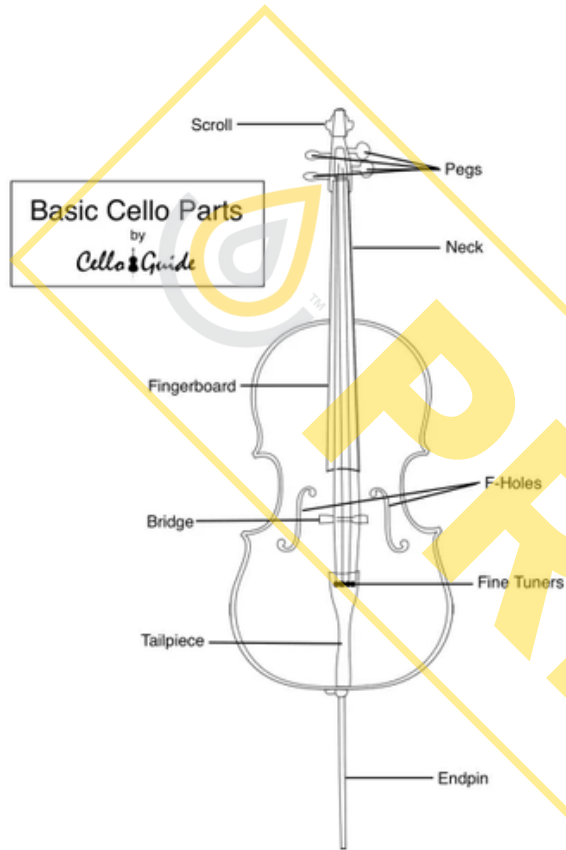
When I listen to this music, I feel...

This music makes me want to...

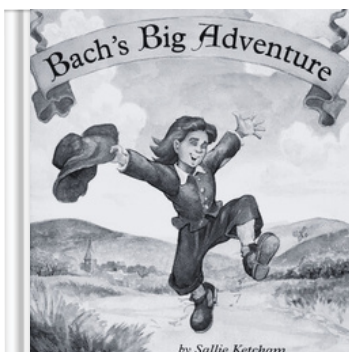
Someone I would like to share this music with is...

Visual Art Connection

This piece of music is made up almost completely of arpeggios, or chords that are broken apart into their individual notes and sometimes played in different orders. Could you “break apart” the different pieces of the cello, and put it back together in a different way?



TIP FROM A MUSIC TEACHER



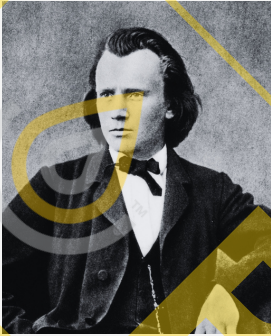
For a literary connection, read the book *Bach's Big Adventure* by Sallie Ketcham. It tells the tale of a young Bach walking many miles to meet the famous organist Adam Reincken.



NAME _____

MINDFUL MUSIC MOMENTS

created by THEWELL



Johannes Brahms

Symphony No. 3: III. Poco allegretto

FUN FACT

Brahms is known as one of the “3 Bs” of classical music. The “3 Bs” are Bach, Beethoven, and Brahms. You will hear all of them this year during Mindful Music Moments!

Doodle or Draw While You Listen



YOUR MUSICAL FEELINGS

When I listen to this music, I feel...

This music makes me want to...

Someone I would like to share this music with is...

Visual Art Connection

When Johannes Brahms was very young, around 6 years old, he created his own system for writing down music notes on a page. If you could create your own music notes and symbols, what would they look like?



PREVIEW



TIP FROM A MUSIC TEACHER

This music has lots of phrases that start lower pitched and climb, or start up high and descend. Can your students show the highs and lows (and even the loud and quiet moments) with their hands? Try having one person in front of the room leading, or try with everyone closing their eyes. It might be fun to all try with your eyes closed while taking a video to see how everyone heard the changes! A Hoberman sphere is also a fun way to show the changes in this music.

