



SCHOOLS INTEGRATED MMM INTO DAILY ROUTINES THROUGH

- Morning Announcements
- Music Class
- Virtual Morning Meeting
- After Lunch/Recess
- Throughout the day as breather breaks in the classroom

STUDENT AND SCHOOL CULTURE

From 75 Administrators and Teachers



Noticed that MMM helped students and school culture



Students were better able to calm and/or focus after MMM



Found the music prompts to be interesting and relevant to students

FAVORITE SELECTIONS AND/OR STYLES OF MUSIC

- Music they recognize (Hall of the Mountain King, Harry Potter, Carnival of the Animals, etc)
- Upbeat and Magical pieces
- Calm, more relaxing music
- End of year Ohio Piece
- Pieces that highlight a single instrument



MINDFUL MUSIC IS A PROGRAM OF THEWELL.WORLD